

Wheelchair Basketball Drills

The Roll

B attacker pushes across the area (Fig. 5). If his defender keeps up with him, B attacker can turn as soon as they have passed under the basket and then has shooting position (Fig. 6). Then attacker A passes him the ball.

Fig. 5

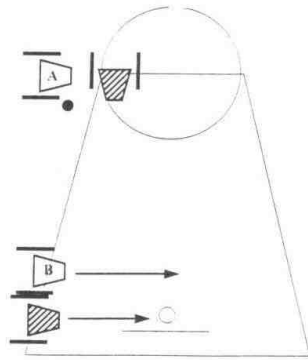


Fig. 6

